

**Filename:** fields.avi  
**Source:** North Coast Software  
**Approx Play Time:** 7 seconds  
**Size of AVI file:** 1,431,564 bytes  
**Resolution:** 220x200

**Comments:**

This animation uses Distortion and Transition Effects: the Lens Distortion Effect, the Slide Left Transition Effect and the Wave Distortion Effect. For further information see the ***Distortion Effects*** and ***Transition Effects*** sections of ***How Pro's Morph***.